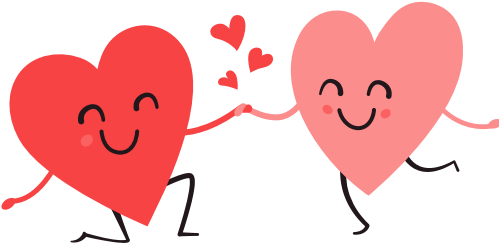




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		9:00 Hiking Club 1 9:30 Cooking Club 9:45 Zoom HIIT Class 12:00 Mobile Pantry 12:00 Ask A Nurse 12:30 Mah Jongg 12:30 Rummikub 2:15 Ukulele	8:30 Zoom HIIT Class 2 9:45 Zoom HIIT Class 11:00 Sit & Fit 12:00 Open Bridge 12:15 Mobile Meals 1:00 Whole Foods 2:00 BINGO	8:30 Zoom Yoga 3 9:00 Eastham COACH 9:00 Wood Carving 9:30 Brown Bag Program 9:30 FTC Prepared Meals 10:30 RMV Program 12:30 Eastham COACH 1:00 Painting
		9:00 Seaside Café 6 9:30 Memoir Writing 9:45 Zoom HIIT Class 11:00 Sit & Fit 12:30 Mah Jongg 1:15 SALTY	8:30 Yoga 7 9:00 Seaside Café & Trivia 10:00 Baked Goods Pickup 11:00 Light & Fit 12:00 Closed Bridge 12:15 Mobile Meals 1:00 Tech Help 2:00 French Club 2:45 Meditation	9:00 Hiking Club 8 9:45 HIIT Class 12:30 Mah Jongg 12:30 Rummikub 2:15 Ukulele 
9:00 Seaside Café 13 9:45 HIIT Class 11:00 Sit & Fit 12:30 Mah Jongg 1:15 SALTY	8:30 Yoga 14 9:00 Seaside Café & Trivia 10:00 Baked Goods Pickup 11:00 Light & Fit 12:00 Closed Bridge 12:15 Mobile Meals 1:00 Tech Help 2:00 French Club 2:45 Meditation	9:00 Hiking Club 15 9:45 HIIT Class 12:30 Birthday Club 12:30 Mah Jongg 12:30 Rummikub 12:30 Eastham COACH – Trader Joe's 2:15 Ukulele	8:30 HIIT Class 16 9:45 HIIT Class 11:00 Sit & Fit 12:00 Open Bridge 12:15 Mobile Meals 1:00 Whole Foods 2:00 BINGO	8:30 Zoom Yoga 17 9:00 Eastham COACH 9:00 Wood Carving 10:30 Making Music & Memories 12:30 Eastham COACH 1:00 Painting
HOLIDAY 20 SENIOR CENTER CLOSED 	8:30 Yoga 21 9:00 Seaside Café & Trivia 10:00 Baked Goods Pickup 11:00 Light & Fit 12:00 Closed Bridge 12:15 Mobile Meals 1:00 Tech Help 2:00 French Club 2:45 Meditation 5:30 Fun Night Out	9:00 Hiking Club 22 9:45 HIIT Class 12:00 Free Lunch 12:30 Mah Jongg 12:30 Rummikub 2:15 Ukulele	8:30 HIIT Class 23 9:30 Board Meeting 9:45 HIIT Class 11:00 Sit & Fit 12:00 Open Bridge 12:15 Mobile Meals 1:00 Whole Foods 2:00 BINGO	8:30 Zoom Yoga 24 9:00 Eastham COACH 9:00 Wood Carving 10:00 Free Health Screenings 12:30 Eastham COACH 1:00 Painting
9:00 Seaside Café 27 9:45 Zoom HIIT Class 11:00 Sit & Fit 12:30 Mah Jongg 1:15 SALTY	8:30 Yoga 28 9:00 Seaside Café & Trivia 10:00 Elder Lawyer 10:00 Baked Goods Pickup 11:00 Light & Fit 12:00 Closed Bridge 12:15 Mobile Meals 1:00 Tech Help 1:30 Zoom Health Series 2:00 French Club 2:45 Meditation	