



## **EASTHAM COUNCIL ON AGING**

### **COA and FECOA Joint Board Meeting Minutes February 24, 2022**

COA Board Chair Joan Lockhart called the meeting to order at 9:30 am

**BOA Board Members Present:** Paula Bruns, Carol DiBona, Jan Guidess, Beverly Hobbs, Linda Reed, Richard Trimble, Patricia Turiello, Patricia Unish.

**FECOA Board Members Present:** Sue Barnhart, Janice Burns, Georgia Hawko, Joanne Irish, Pat Lariviere, Norma Murray

**COA Staff Present:** Monica Keefe-Hess and Dorothy Burritt attended.

**Community Members Present:** Aimee Eckman, Vice-Chair Eastham Select Board and COA board liaison.

Joan Lockhart made a motion to delay the acceptance of the January meeting minutes. Paula Bruns seconded the motion. The vote was unanimous.

#### **1) Directors Report:**

- Dorothy reported that outreach calls were made to 102 individuals ahead of the January blizzard on Friday, January 28<sup>th</sup>. Staff members reached out to residents regarding storm preparations. Follow-up calls were made on Saturday to check on individuals who may need to seek shelter. The COA staff partnered with the police and fire departments to offer safe transportation to the shelter at NRHS for those who needed it.
- Dorothy introduced a new initiative, Eastham COA Cares which was precipitated by the January storm outreach. The program will help promote community engagement and build a base of volunteers to offer support in times of need as well as on a regular basis.
- Program updates: A morning Core Stretch class will be added to the schedule on Wednesdays beginning in March. Dance for Every-Body and Tai Chi classes begin in April. The Senior Center and Cape Cod Children's Place will host an intergenerational ice cream social and BBQ at the Elks Lodge in June. Whole Foods distribution is moving to the Eastham Methodist Church from 1-2 pm on Thursdays where we hope to reach more community members.

#### **Chairperson's Report:**

- Joan recently devoted a weekend to refreshing the downstairs area. It is now being called the "Nauset Light Room". The room is already being utilized for painting classes, rummikub, bingo and the French group.

- Joan reported that Phase 1 of the Strategic Plan is complete. The building has been refreshed, the database is being utilized and new programs have been added. The newsletters and weekly communication have brought new energy and activity to the building. She commended Dorothy and the staff for a great job.

2) **Committee Reports:**

- **Strategic Planning update** – Joan reported that Phase 2 of the Strategic Planning commenced with a kick off meeting for the Needs Assessment with UMass Boston on February 17<sup>th</sup>. All residents 50 and over will be mailed a survey in early June, followed by a reminder postcard. All other residents, including part-time residents will have an option to complete the survey online.
- **Elder Services update** – Carol DiBona reported on the monthly Elder Services meeting. She noted that Elder Services did provide meal delivery before the January storm.
- **Thrift Shop** – The Thrift Shop opened for the season on February 10<sup>th</sup> and had a successful first weekend.

Carol DiBona motioned to adjourn the meeting at 11 am. Pat Unish seconded the motion. The vote was unanimous.

The next board meeting will be in the Earle Mountain Room at Town Hall on Thursday, March 24<sup>th</sup> at 9:30 a.m.

Respectfully submitted,



Monica Keefe-Hess, COA Administrative Assistant